

COME DANCE
WITH US!

Discover
Dance



WHAT IS DISCOVERDANCE?

DiscoverDance is a series of movement classes designed to introduce children to the creative and expressive world of dance.

Each program offers children the opportunity to develop their natural movement ability in a multi-sensory environment.

Music, movement, visuals, and props will enhance your dancer's love of the art form and the unique conceptual approach to dance education will provide a strong foundation for technical and cognitive growth.

generations
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Dedicated to
Teaching the
Developing Child

DISCOVERDANCE PROGRAMS

TODDLER GROOVES

Walking-Age 3 with Adult*

Explore the joy of movement with your little one and discover the many benefits of early childhood dance classes. We will dance, sing, and play in both one-on-one activities and group activities. Through circle songs, open exploration, and gross motor development exercises, children will blossom with each passing class as they grow with their caregiver during this precious time together.

TINY DANCERS

Age 3*

Discover the magic of imaginative play with live singing, structured explorations, and skill development. This class offers an outlet for creative expression, physical growth, and social interaction. Children will continue to explore the essence of movement as they develop crucial skills to create an optimal and successful learning experience.

MINI MOVERS/ACRO

Age 4*

We continue the exploration of the concepts of dance with more emphasis on physical growth, flexibility, coordination, and technique. Combining skills assist in memory development as structured explorations continue to develop our problem solving and social skills. This foundation prepares us for the continuation of training in any style of dance. Acro adds in the elements of rolling, flipping and balancing on different parts of the body.

*Ages as of the season start date.

Why Dance?

Children who dance are **CREATIVE**, **EXPRESSIVE**, and **CONFIDENT**.

They develop **GROSS** and **FINE MOTOR SKILLS**, **COORDINATION**, **STRENGTH**, **BALANCE**, and **KINESTHETIC AWARENESS**.

Early exposure to a classroom setting creates **STRUCTURE**, and teaches **CLASS ETIQUETTE**, **COOPERATION**, and **TEAM WORK**.

